



R3: Waiu Trail Park, Wainuiomata. Sun 3 Oct 2021.

Courses will be made up of short and/or long loops. Please see your age group to determine your course and the number of short and/or long loops you will be doing.

Notes: This course has a LATE VARIATION due to the closure of Jungle Gym.

The U11 & U13 groups will have a shortcuts to skip 2nd Star/Nga Tuna.

This varies from the 2020 event in that it goes up ECNZ 4WD, not Labyrinth.

Long Loop Description



Start at Waiu Hub with clockwise loop on the grass around the shelter and across to the western side of the park.

Ride straight ahead into WETLANDS LOOP (clockwise direction) (Late Change)

Turn left into DIRECTA, heading uphill

Turn right at the 5-way intersection into JUNGLE GYM (upper) and ride to the end.



At the end of Jungle Gym, pop out onto the ECNZ Rd 4WD and turn right to ride 600m uphill to the Spoonhill Hub link track.

(Note: The SHORT loop splits off into Labyrinth/Snails)

Turn right into the short link track to the Spoonhill Hub, riding past the power pylon.



At Spoonhill Hub, turn right into LABYRINTH RETURN, downhill, joining onto SNAIL TRAIL

(Note: the SHORT loop re-joins at this point)

Continue down, and at the end of Snail Trail turn sharp left into WETLAND LOOP (clockwise direction)

Turn left (uphill) into SECOND STAR

(Note: Do NOT take the U11s shortcut)

At the top, veer right into NGA TUNA (downhill)

At the bottom turn sharp left into WETLAND LOOP again

Turn left at the 'T' intersection to return to the park base.

(Caution: The U11s re-join the main track at this 'T' intersection)



Continue out onto the park base to the finish line to complete the lap.

Short Loop Description

Notes: This course has a LATE VARIATION due to the closure of Jungle Gym.



Start at Waiu Hub with clockwise loop on the grass around the shelter and across to the western side of the park.

Ride straight ahead into WETLANDS LOOP (clockwise direction) (Late Change)

Turn left into DIRECTA, heading uphill

Turn right at the 5-way intersection into JUNGLE GYM (upper) and ride uphill to the end.



At the top of Jungle Gym, turn right into LABYRINTH and ride for 100m to an intersection.

(Note: At this point the LONG loop splits off)

Take the right fork into SNAIL TRAIL and continue down to the end (Note: the Long Loop re-joins half way down Snails)

At the end of Snail Trail turn sharp left into WETLAND LOOP (clockwise direction)



Turn left (uphill) into SECOND STAR (Except: U11 & U13s who short-cut straight ahead)

At the top, continue straight into NGA TUNA (downhill)

At the bottom turn sharp left into WETLAND LOOP again

Turn left at the 'T' intersection to return to the park base.

(Caution: The U11s re-join the main track at this 'T' intersection)



Continue out onto the park base and around the park to complete the lap.

Loop Counts (Updated 29/9/21)

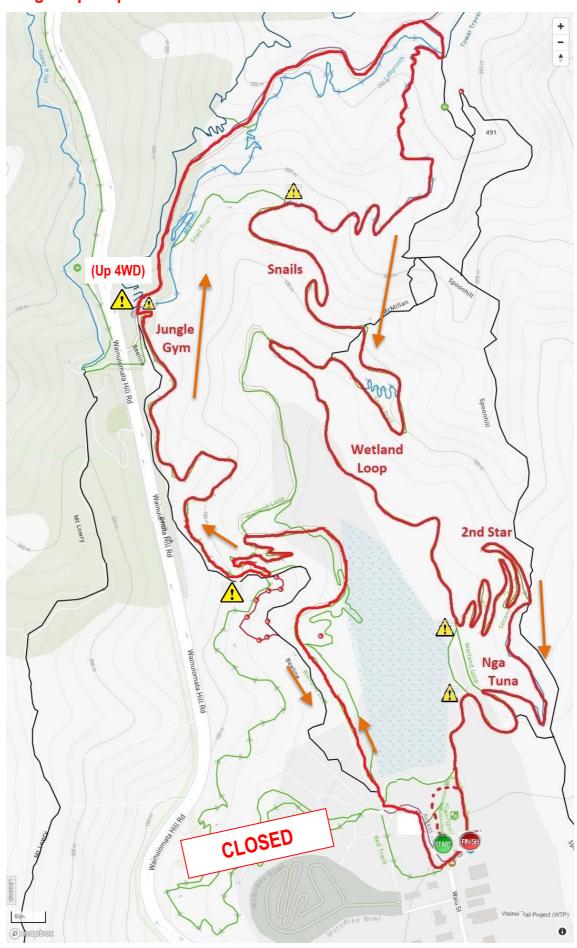
(Note: Age is as you will be on 31 Dec 2021).

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Social Men (Open age group)
                                  3 short loops (14.1 km)
Social Women (Open age group) 3 short loops (14.1 km)
Social eBike (Open age group)
                                  3 short loops (14.1 km)
U15 Boys
                                  3 short loops (14.1 km)
U15 Girls
                                  3 short loops (14.1 km)
                                  2 short loops (9.4 km)
U13 Boys
U13 Girls
                                  2 short loops (9.4 km)
U11 Boys
                                  1 short loop (4.7 km)
U11 Girls
                                  1 short loop (4.7 km)
Junior eBike
                                  2 short loops (9.4 km)
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Open Men 2 long loops, 2 short loop (22.0 km) 2 long loops, 2 short loop (22.0 km) **Open Women** Masters Men 1 (30-39 years) 2 long loops, 2 short loop (22.0 km) Masters Men 2 (40-49) 2 long loops, 2 short loop (22.0 km) 2 long loops, 2 short loop (22.0 km) Masters Men 3 (50-59) Masters Men 4 (60+) 2 long loops, 2 short loop (22.0 km) U19 Men 2 long loops, 2 short loop (22.0 km)) 2 long loops, 1 short loop (17.3 km) U17 Men 2 long loops, 1 short loop (17.3 km) Masters Women (40+) **U19 Women** 2 long loops, 1 short loop (17.3 km) **U17** Women 2 long loops, 1 short loop (17.3 km)

Child (beginners 3-9 years) Sorry no little kids race at Level 2

Long Loop Map - Late variation



Short Loop Map - Late variation

