



Bike Hire Information

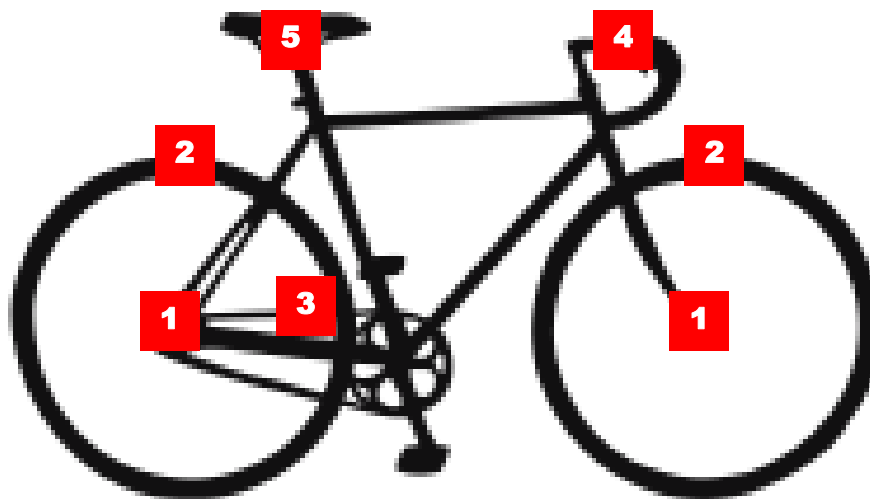
Hire bikes are owned by the PNP Cycling Club. They are for the use of club members wishing to learn about track cycling and for racing as well. Members can hire these bikes out on a seasonal or daily basis

- Price to hire a bike for the season: \$70 Juniors (under 19) / \$100 Seniors
- Price to hire a bike for one day: \$7 Juniors (under 19) / \$10 Seniors
- New riders are able to use these bikes up to three times on a trial basis before committing to club membership and bike hireage fees
- Riders must walk their bikes to and from the track
- Please do not ride these bikes outside of the track
- Riders are expected to check their bikes before use. Please ask someone how to do a bike check. Your safety is your responsibility
- Please make sure your seat-post has not gone above the maximum height mark
- Preference is given to Juniors for Avanti hire bikes and preference to Seniors for Fuji hire bikes
- If you have ceased using a seasonally hired bike, please make this known so that another rider may get to use it

Talk to a track committee member for more information



Bike Check Information



What?	How?	With What?	How to Fix if Fail?
1 Wheel Axle Nuts (front & rear)	Must be secure but do not apply excessive force	15mm ring spanner	Tighten with 15mm ring spanner
2 Tyre Pressure (front & rear)	Should feel firm & take reasonable effort to depress the tyre tread	By hand	Pump to manufacturer recommended pressure – usually marked on tyre sidewall
3 Chain Tension	Chain should have minimal movement vertically & horizontally	Side of spanner or by hand	Slide rear wheel backwards by loosening & then tightening axle nuts using 15mm spanner
4 Handlebar & Stem	Grip front wheel between legs and twist handlebars side-to-side and rotate forwards & backwards. There should be zero movement	By hand	Usually a 4mm or 5mm allen key. Where there are multiple bolts ensure they are evenly tightened. A torque wrench should be used for any carbon fibre components.
5 Saddle & Seatpost	Grip rear wheel between legs and twist saddle side-to-side and forwards & backwards. There should be zero movement	By hand	Usually a 4mm, 5mm or 6mm allen key. A torque wrench should be used for any carbon fibre components