

Waiu Trail Park, Wainuiomata. Sun 20-Sept 2026

R1: 2026 PNP Spring Series / 2026 PNP Cycling Club MTB Champs
/ College Sport Wellington (CSW) MTB Champs

PNP Cycling Club MTB Championships

The **PNP Cycling Club MTB Championships** is a points-based championship contested across three events:

- **XCO (Cross-Country) Race**
- **Down Country Stage**
- **criterium Race**

Riders may use different bikes for each event, where appropriate.

A **weighted points system** is applied to placings across all three events, including placings achieved by riders who are not eligible for the PNP Club Championship. The overall Championship placings are determined by each rider's cumulative points across the three events.

In the event of a points tie, the rider with the **higher XCO placing** will be awarded the higher Championship position.

Both **PNP members and non-members** are welcome to participate in the events. However, only current PNP Club members are eligible for **PNP Cycling Club MTB Championship medals and Club Champion trophies**.

Eligibility Criteria

Age Criteria

Rider age is determined by the rider's age **as at 31 December 2026**, in accordance with the applicable age-grade rules.

- For example, a rider who is 16 at the start of the year but turns 17 during 2026 must compete in the **Under 19 (U19)** grade rather than **Under 17 (U17)**.

PNP Club Championship Eligibility

To be eligible for **PNP Cycling Club MTB Championship** medals and Club Champion trophies, a rider must meet **all** of the following criteria:

- Hold a current **PNP Club membership**.
- Be entered in a grade that races on the **same course as the Open Men/Women**.
 - The **E-Bike Social** grade is specifically **excluded**.
- Be entered in the **same grade and start wave** as the eligible riders for the XCO race.

College Sport Wellington (CSW) Eligibility

Students attending schools within the **Wellington Region, including Wairarapa**, are eligible to compete for **College Sport Wellington (CSW) medals and trophies**, subject to the applicable CSW eligibility requirements.

Year 7 and Year 8 students attending an integrated college (for example, Scots College, Hutt International Boys' School, St Bernard's College, St Oran's College, etc.) are also eligible for CSW awards.

CSW Champion Gold medals are awarded in the following age-group races:

- Under 15 (U15)
- Under 17 (U17)
- Under 19 (U19)

To qualify for CSW awards, riders must enter their **appropriate age grade**.

Note: Younger riders who meet the age criteria for a lower grade (e.g. a Year 7–8 student eligible for U13) must **ride up one age grade** if they wish to be eligible for CSW awards.

PNP Membership

Information regarding **PNP Social Membership** (1 September – 31 August) and **formal PNP/Cycling New Zealand membership**, as required for national-level racing, is available via the club's membership information.

Timetable

Saturday 19 September 2026	
10:00 AM	Online Entries Close (No on the day entries)

Sunday 20 September 2026	
8:00 - 8:45 AM	Event sign-In
9:00 AM	XCO race briefing
9:10 AM	XCO trail races start in waves
10:30 AM	Enduro-only sign-in
10:40 AM	U11/U13's Enduro race briefing then departure
11:10 AM	Main Enduro race briefing then departure
11:15 AM	U11/U13 - Enduro race starts
11:40 AM	Main Enduro Race starts
12.30 PM	Enduro ended
1:00 PM	Criterium Race 1
1:20 PM	Criterium Race 2
1:40 PM	Criterium Race 3
2:00 PM	Prizegiving
2:30 PM	Clean-up & Finish

Event 1: XCO Race

The XCO race will be run in the same way as the PNP MTB Spring series with riders completing a combination of long and short loops, as listed below. The U11 and U13 grades will also be allowed two 'shortcuts' on the short loop.

Course Code	Course Short Description
A	Long Course (A)
B	Short Course (B) : Misses Spexit (Uphill) & Ngā Tuna (Downhill)
C	Short Course (C) : Course B, No climb to BeeLine, direct into B-line Extension.
D	Under8 - use Criterium Course before/after adult Criterium

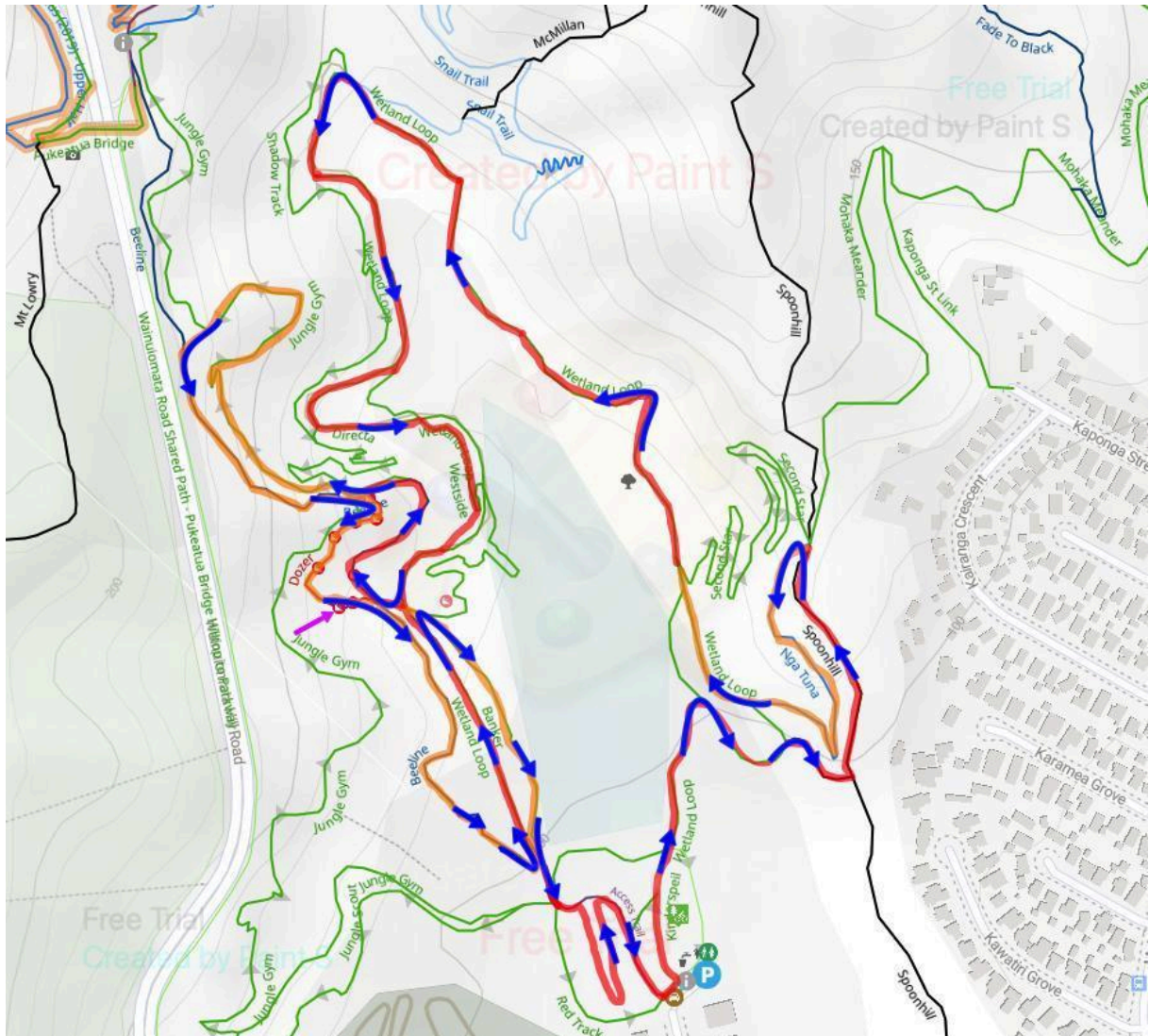
Lap Count

Category	Short (C)	Short (B)	Long (A)	KMs
Open Men		1 - (1st Lap)	3	15.7
Open Women		1 (1st Lap)	3	15.7
Masters Men 1 (30-39)		1 (1st Lap)	3	15.7
Masters Men 2 (40-49)		1 (1st Lap)	3	15.7
Masters Men 3 (50-59)		1 (1st Lap)	3	15.7
Masters Men 4 (60+)		1 (1st Lap)	2	15.7
Masters Women (40+)		1 (1st Lap)	3	15.7
Social Men		1 (1st Lap)	3	15.7
Social Women		1 (1st Lap)	3	15.7
E-Bike Social		1 (1st Lap)	3	15.7
U19 Men		1 (1st Lap)	3	15.7
U19 Women		1 (1st Lap)	3	15.7
U17 Men		1 (1st Lap)	3	15.7
U17 Women		1 (1st Lap)	3	15.7
U15 Men		1 (1st Lap)	2	11.6
U15 Women		1 (1st Lap)	2	11.6
U13 Men		3		10
U13 Women		3		10
U11 Men	3			8
U11 Women	3			8
U8 Mixed	TBC			TBC on day

XCO Course Description:

Track	C	B	A	Description
Start: Event Base 1	Y	Y	Y	The Start will be back from the Finish Line to add an additional 'up/down/up' distance through the grassed event base area before heading into singletrack (Wetland Loop).
Wetland Loop Pt1	Y	Y	Y	Riders enter Wetland Loop then turn right at the T intersection.
Spexit / Spoonhill Link (Course Split)	No	No	Y	Course A Riders turn right into Spexit / Spoonhill Link and do a short (70m) technical climb. Warning: There is a 10m section here that many riders will need to push up. Course B+C continue on Wetland Loop
Spoonhill	No	No	Y	Exit Spexit , turn left, and ride up the Spoonhill (150m)
NgaTuna	No	No	Y	Turn left and ride down Nga Tuna (330m). At bottom of Nga Tuna turn right to join Wetland Loop
Wetland Loop	Y	Y	Y	Riders continue on Wetland Loop in an anti-clockwise direction
Westside	Y	Y	Y	Turn right off Wetland Loop into Westside - NOTE: This is the section of Westside after Director, when riding Anticlockwise
Beeline (Course Split)	No	Y	Y	Course A+B Riders turn right into Beeline, past the wooden drops, riding this section uphill to the Hub. Course C head into Beeline (Lower)
Upper Jungle Gym	No	Y	Y	Riders ride though the Beeline Hub into the upper section of Jungle Gym and ride half-way to the end of this track.
Connector (#1)	No	Y	Y	Riders turn left into a short connector track to join Beeline (20m)
Beeline	No	Y	Y	Riders turn left and ride down Upper Beeline, back to the Hub.
Dozer	No	Y	Y	Riders ride into Dozer (G6), where B-Lines will be taken. Note: Jump features will be taped off or temporarily modified.
Beeline (Lower)	Y	Y	Y	At the exit of Dozer, riders will ride into Beeline (Lower), back towards the Event Base.
Wetland Loop	Y	Y	Y	Riders turn left into Wetland Loop, riding this section clockwise.
Banker	Y	Y	Y	Riders turn right into Banker then right again to complete this track.
Event Base	Y	Y	Y	Riders exit Banker and ride into the Event Base, heading down the grass to a coned hairpin bend - where they started. Riders complete the 'up/down/up' section thought the Event Base to the Finish Line.
Finish/Repeat	Y	Y	Y	Riders finish if they have completed the required number of loops, OR continue riding into Wetland Loop to begin another loop.

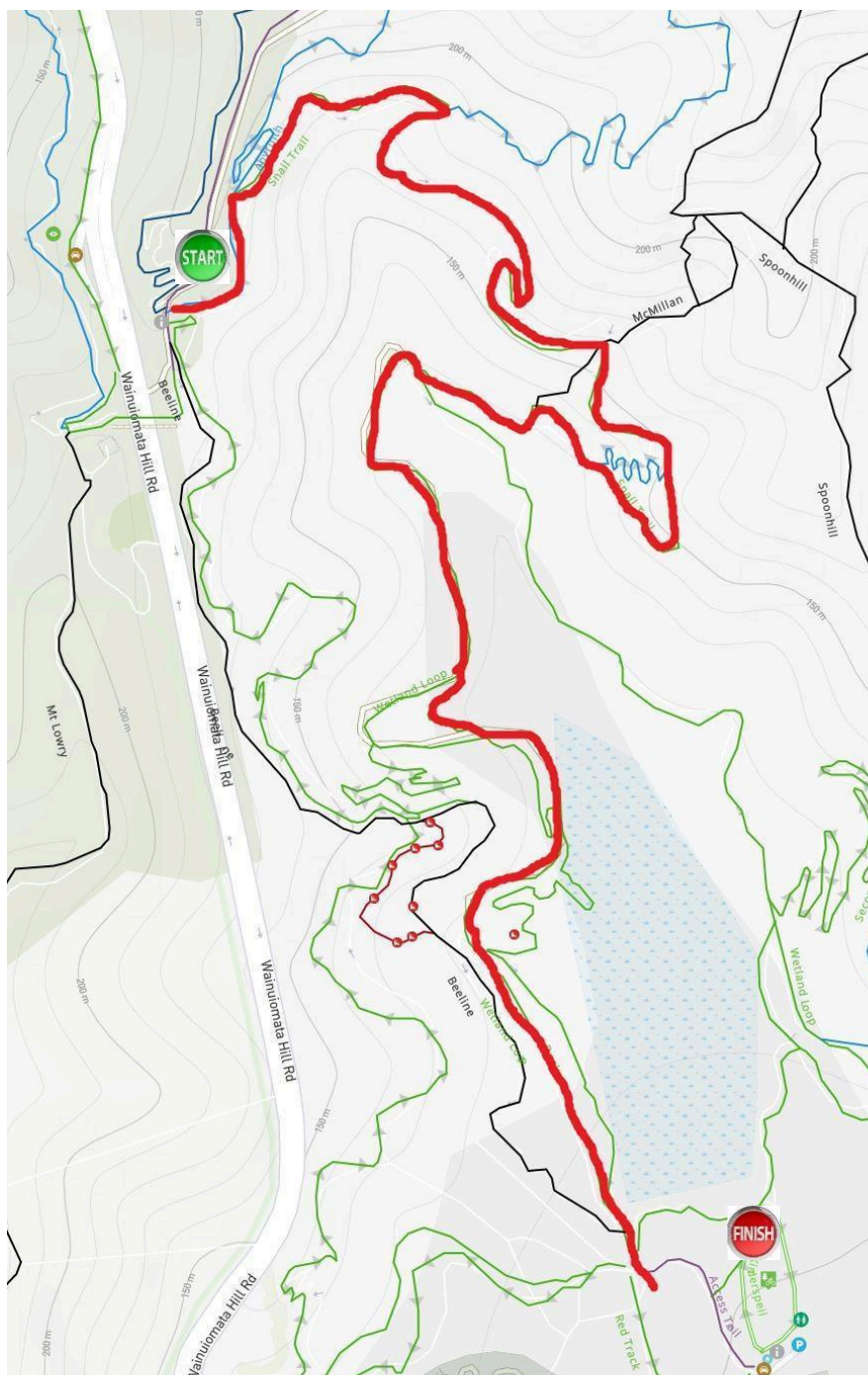
XCO - Course Map



Event 2: Enduro Stage

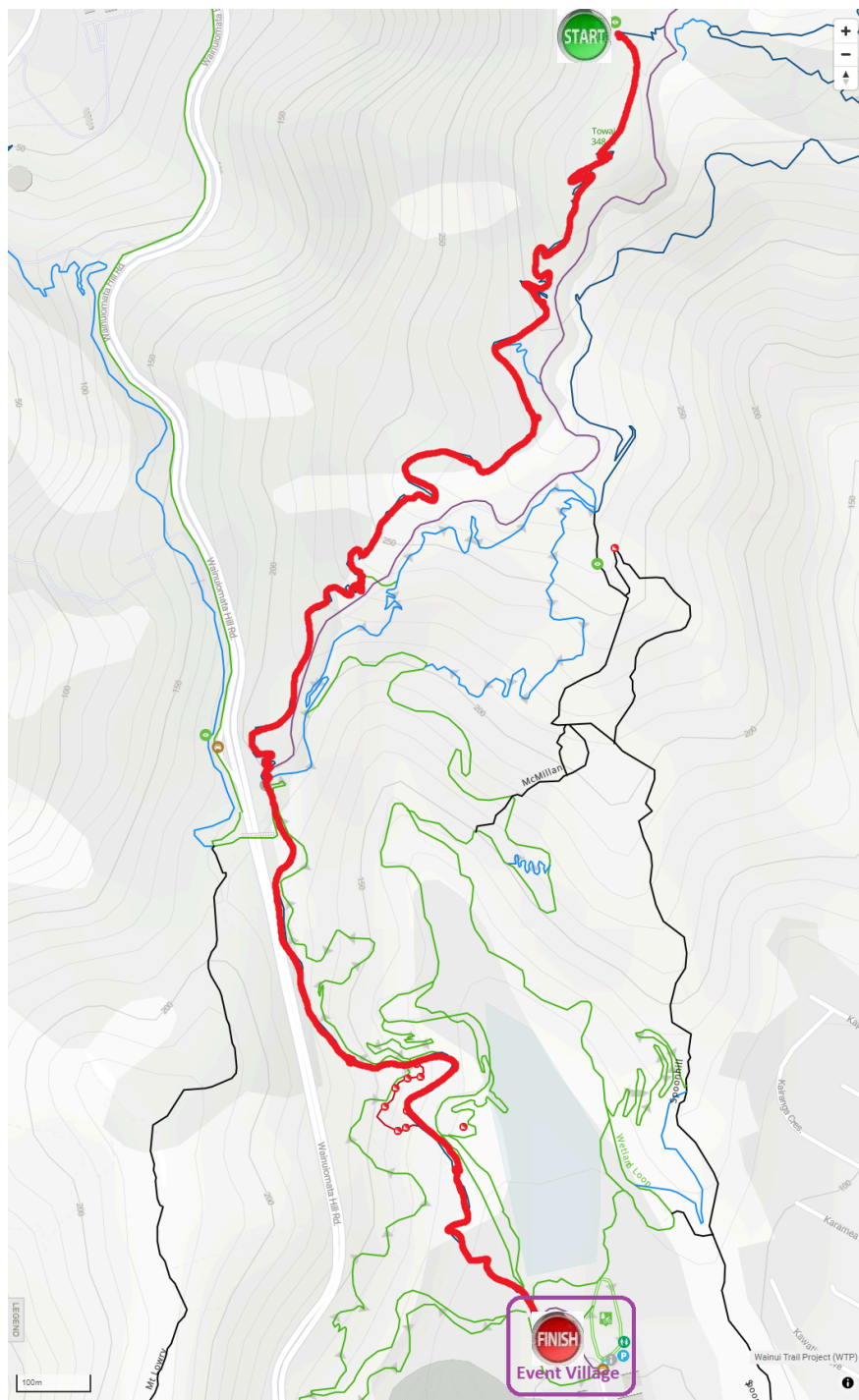
U11 and U13 grades only

- Start near the bridge and will race down:
- Labyrinth (100m) and Snail Trail.
- Wetland loop (straight/right), taking the first and third sections of WestSide
- Turn right into Banker to ride to the Finish at the park.



Enduro - All other grades

- start at the trig station near the start of Freewheel
- race down Freewheel
- Continue into Beeline, Beeline Extension
- finish at the park near the start of Red Track.



Event 3: Criterium

With the Criterium event, points are awarded for placings with no respect to time differences. There will be 3-4 short Criterium races for different ages groups, run sequentially over the same course.

Format: Each Criterium race will be for an initial 15 mins, then the bell will be rung for riders to complete a final round.

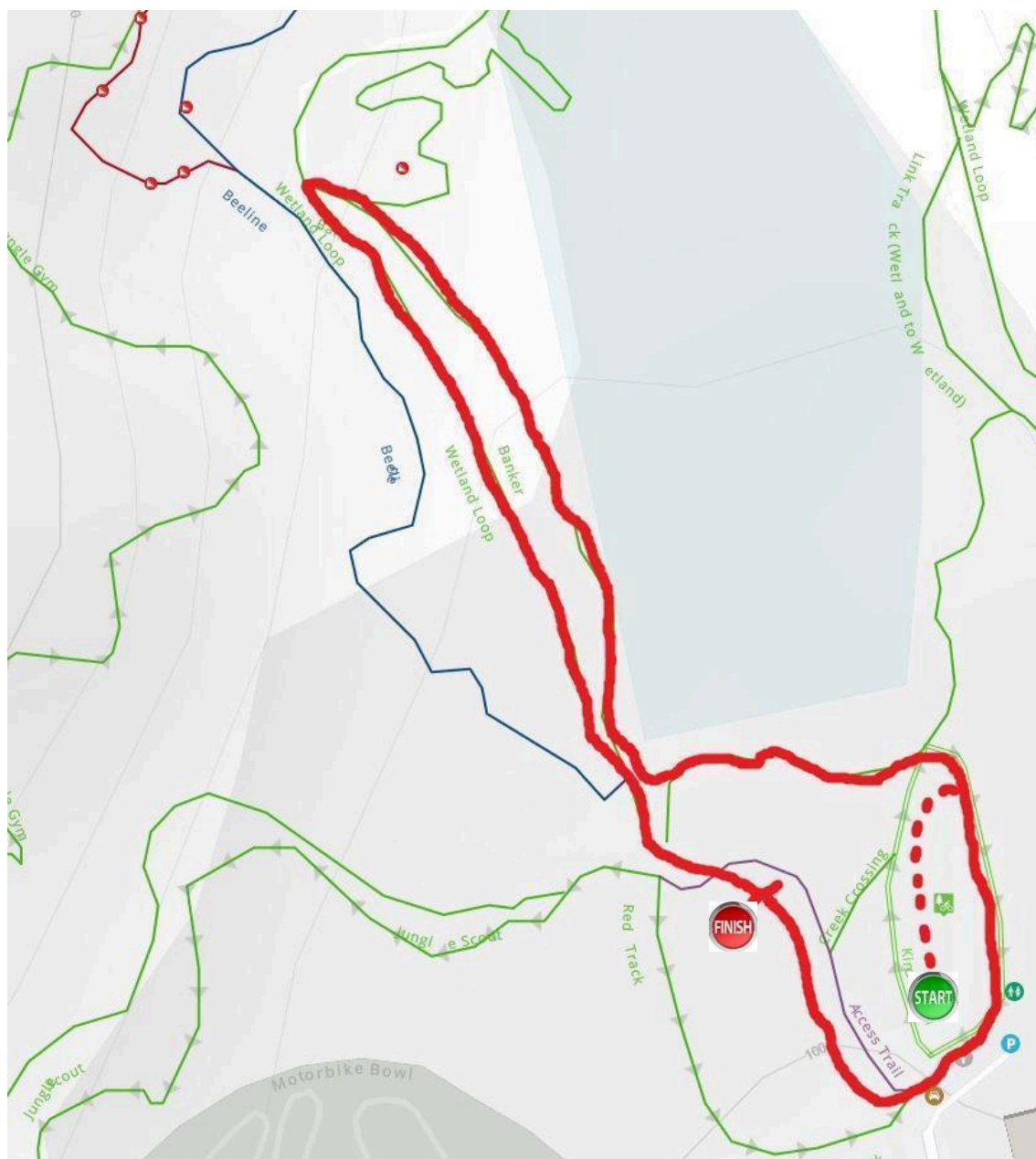
Course: There will be a small start loop on the grass in the park prior to riding into the main loop:

Wetland Loop: (West: Heading toward Directa)

Right, into Banker

Left, into the Wetland Loop 'Swamp' section

Right into the grass area, then around to the Finish line near the start of Red Track.



Key Personnel

Key personnel responsible for safely running this event are:

Name	Position	Contact Number
Jason Brown	MTB Convenor	0274 213 617
Deb Sherwin	Registrations	021 215 4450
Robert Comeskey	Timing Systems	021 717 311

Traffic/Parking Management

No public roads are being used in this event.

The Waiu carpark will have spaces reserved for Marshals, First Aid and coffee vendors.

Parking within the grassed park area will be reserved for vehicles of event personnel only which may not be moved until the completion of the event.

Event parking for competitors will be within the Waiu Trail Park Carpark on the southern side (right hand side as entering) only and Waiu Street, where ample parking is available on a Sunday.

Event Updates/Communications

For event updates see the website: pnp.org.nz/mtb or <http://www.facebook.com/pnpmtb>

At the Event Hub, a sound system will be used for all announcements and pre-race briefings.

Communication between organisers and marshals located around the event will be via PNP's 2-way repeater radios communicating on Channel 14. Reception to all marshal points has been successfully used with the PNP radios in previous events at this venue.

Mobile Phone numbers for marshals will be distributed as a backup communication method.

Health & Safety

The PNP MTB Health and Safety Policy, Emergency Response Plan and Risk Management Plan are available via links from the MTB page on the website: pnp.org.nz/mtb.

Equipment: Riders should ensure that their bikes and other equipment are suitable for the conditions and are in a well maintained state.

Hazards: The following hazards specific to this site/event have been identified:

- Notable course points: Merge with U11/13 at Beeline hub; Long/Short merge on Snails; Narrow bridge on Wetland Loop. Managed with marshals.
- High chance of walkers in the Freewheel > Beeline transition (near the bridge). Managed with marshals, cones & tiger tails, as well as early warning notices (2+ weeks in advance of the event)

Procedures: Riders are to be aware of the following Health & Safety procedures. Time allowances will be made for any riders stopping to assist with an injury.

Instructions: Riders are to follow instructions of marshals and event organisers. Failure to do so can result in disqualification and barred entry from future events.

Non-serious self-injury on course: If you have a non-serious injury on the course, but are able to safely move, please clear the track as quickly as possible to protect yourself and others from being hit by a following rider. If on an obscured part of the course, keep calling "Rider Down".

If you need assistance, call to the next rider to stop. Advise them of your Injury, Name and Number and they will be able to inform the next marshal on the course.

If abandoning the race, do NOT travel backwards on the track into oncoming riders.

Finding an Injured Rider on course: If you encounter an injured rider on the course, you must assist if they need assistance. If they are unable to move, this is to be treated as a serious injury and you must:

- Stop and stay with the injured rider until First Aid or a marshal arrives on-site.
- DO NOT MOVE the rider if they are unable to easily move themselves.
- Secure the scene, ensuring approaching riders do not hit you or the injured rider. Stop following riders for assistance: (one as messenger, one as lookout).
- Get any details of the Injury as well as the Name and Number of the rider.
- Send the following rider with these details onto the next marshal.

Stoppage: In the event of emergency where racing has been stopped, riders will be advised by marshals to return to the Event Base via the most direct safe route.

Evacuation: If the Event Base area needs to be evacuated e.g. due to a fire in a shelter. The evacuation point will be down Broken Hill Road, in the direction of further exit ways.

Event Base

The Event Base will be at the grass park area at the end of Waiu Road. PNP would like to utilise the permanent shelter as the registration area. One 3mx3m gazebos (depending on weather) may be set up in the opposite grass area, near the finish line. This may include a gazebo structure and/or tenting poles holding timing equipment. All PNP gazebos are secured with hefty pegs (~40 mm, ~8mm diameter) as well as guy ropes when required.

The Start/Finish loop will be require the placement of cones throughout sections of the Event Base.





Waste Management Plan

Waste collection will be provided for at the Event Base (Registration). ALL waste is to go into the approved collection bags, and will be sorted for Recycling materials after each event.

Any competitor who litters either during the race or at any time during the event will be subject to time penalties and risks disqualification at this event and/or subsequent PNP MTB events.

